

# Guidelines for Holter Monitor Hook-Up

## Electrode Positioning Sheet

### Hooking Up The Patient- 5 Lead

- After the patient is prepared for electrode placement, follow this procedure
- V-1
  - White lead- At right sternal border, first rib
  - Red lead- At right sternalborder, 3rd rib
- V-5
  - Black lead- On fifth rib, anterior axillary line, left side
  - Brown lead- At left sternal border, first rib (opposite white lead)
- Ground lead (green)- Anywhere on lower right rib cage on a bone
- All leads- Be sure to center all electrodes directly over a bony area
- Positions may be slightly modified according to patient's anatomy

